



**FORT LAUDERDALE POLICE MOTORCYCLE IN-SERVICE
TRAINING**

DATE: _____

TIME: _____

INSTRUCTORS: _____

WEATHER: _____

ACCIDENT AVOIDANCE EXERCISES:

Brake and Escape	_____	Speed:	_____
Brake and Escape Twist	_____	Speed:	_____
180' Deceleration	_____	Speed:	_____
Evasive Maneuver	_____	Speed:	_____
30 MPH Cone Weave	_____		
Curve Negotiation	_____		
Braking in a Curve	_____		
Accelerated U-turns	_____		

CONE PATTERNS:

Slow Cone Weave	_____
Off Set	_____
140' pull out	_____
Single 360'	_____
Double 360'	_____
Clover Leaf	_____
Snowman	_____
Intersection	_____
Rodeo 180	_____
Rodeo off Set	_____
90' pull out	_____

Hell's Kitchen	_____
The Maze	_____
NCS	_____
Washington Cone Weave	_____
French Quarter	_____
Cooper	_____
The Hurricane	_____
The Big "O"	_____
The Red Stick	_____
The Mouse Trap	_____
The Cajun Craze	_____
The Streetcar	_____
Red Stick Cone Weave	_____
Eye of the Storm	_____
Crazy Eight	_____
"L" of a Cross	_____
Mousetrap	_____

ADDITIONAL TRAINING INFORMATION:

Brake Utilization	_____
No Brake	_____
Day Time	_____
Night	_____
Off Road	_____
Roadway Hazard	_____
Recognition	_____
Tactical/Firearms	_____
Simunitions	_____

ADDITIONAL COMMENTS: _____

OBJECTIVES TO EACH EXERCISE IS OUTLINED IN THE REVISED EDITION OF THE FORT LAUDERDALE POLICE MOTORCYCLE OPERATORS TRAINING PROGRAM.

Sample Cone Course Layout.

THE BIG "O"

